

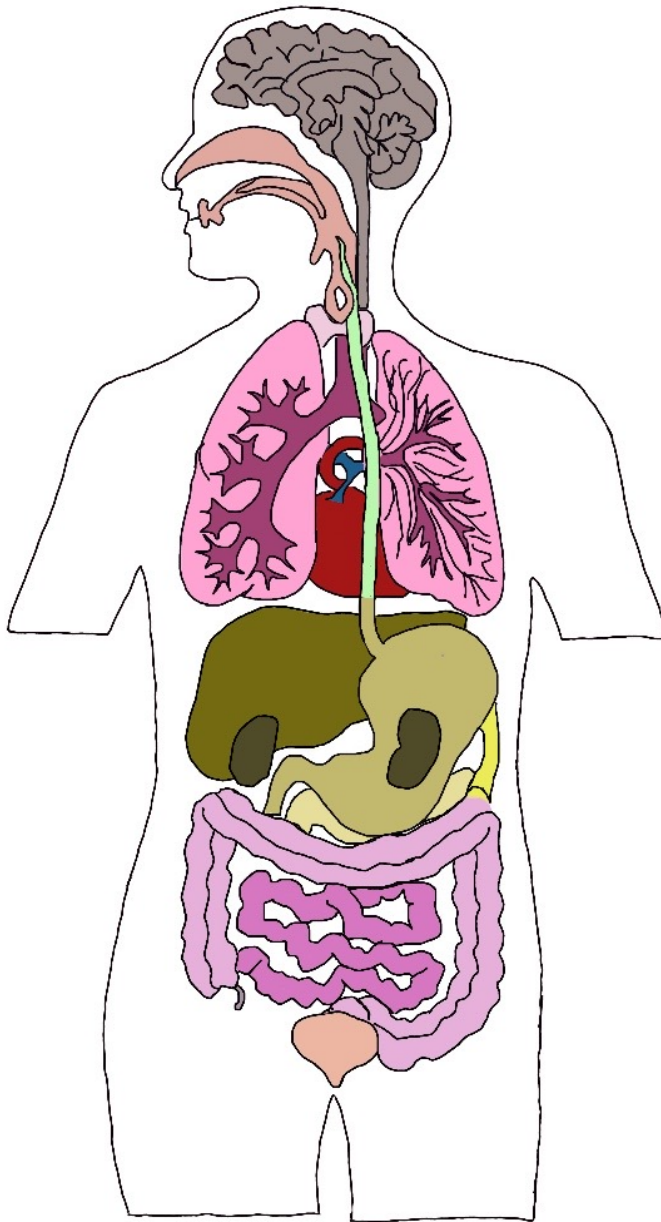


MUSCLE UP, BUTTERCUP



observation
journal

Inside the Human Body



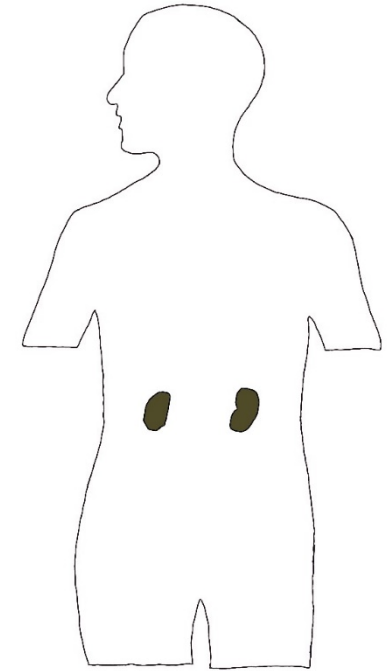
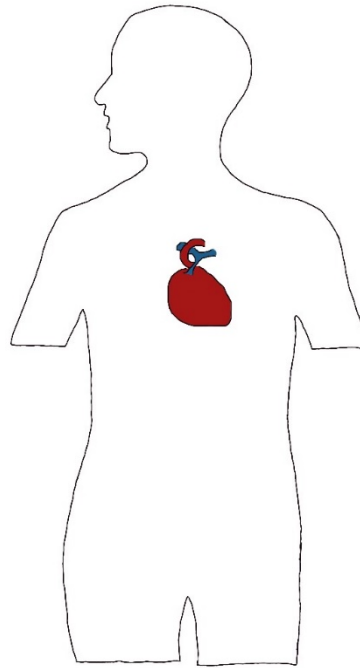
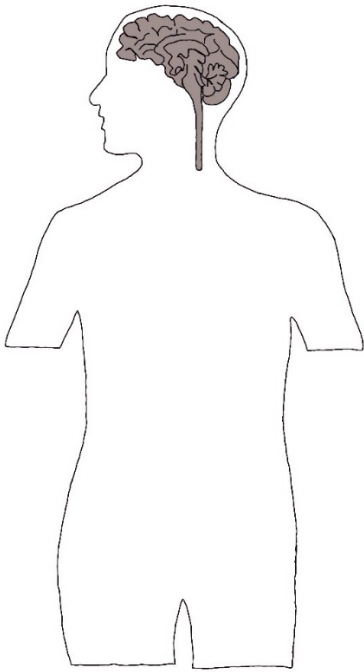
How does the human body:

Survive?

Digest food?

Move?

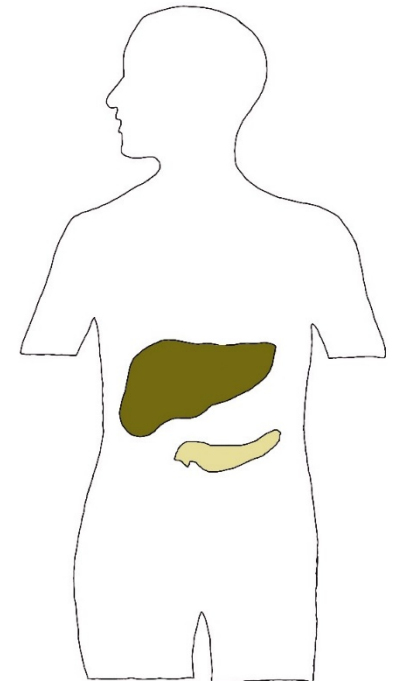
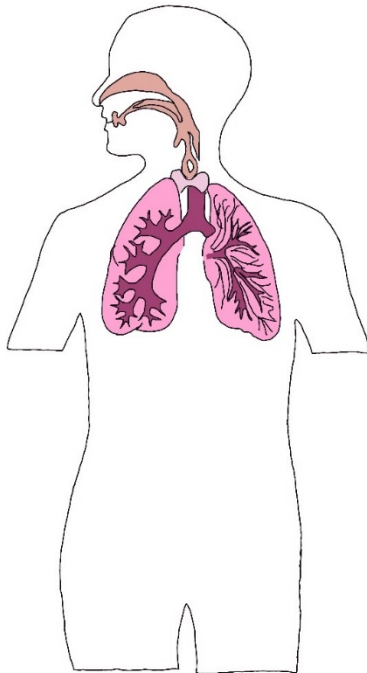
Let's find out!



Major organs are required for survival!

Can you identify the 5 major organs of the human body and list ONE function of each?

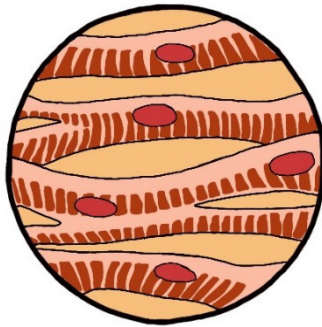
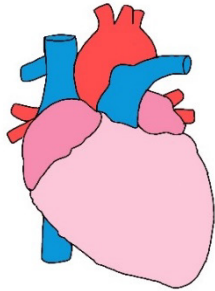
- 1.
- 2.
- 3.
- 4.
- 5.



Cardiac Muscle

Observations about Parts II & III

'In a Heartbeat'

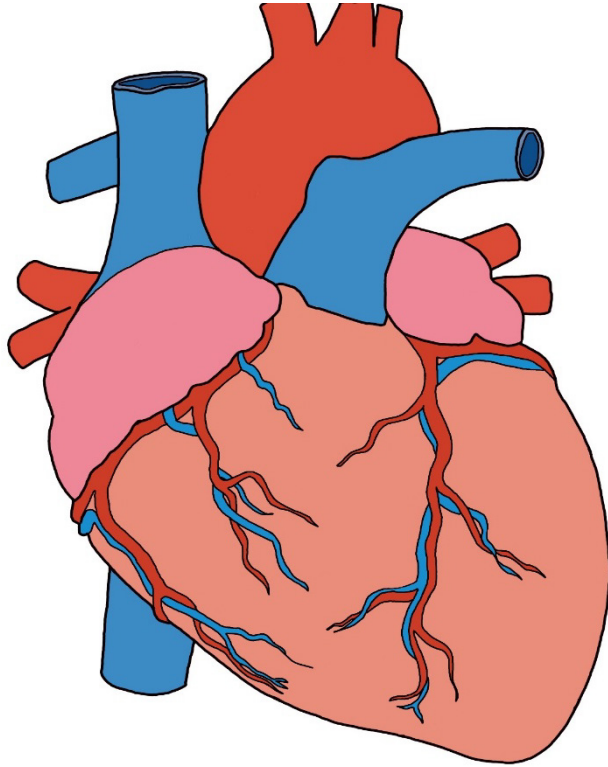


Cardiac Muscle Tissue

Observations about cardiac muscle:

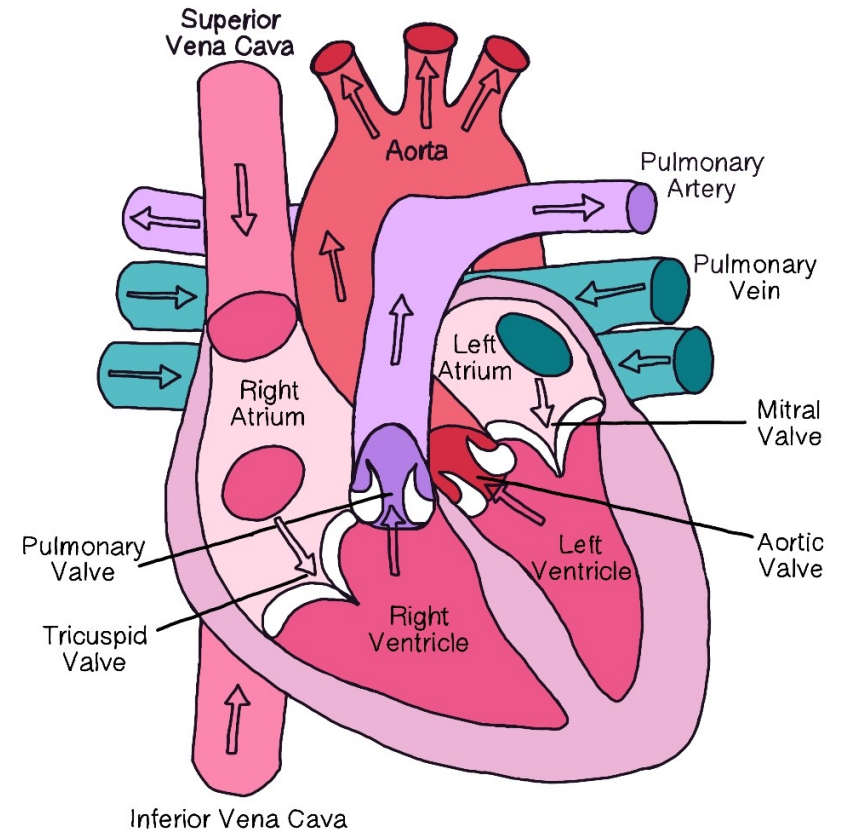
Anatomy of a human heart

Exterior (Outside):

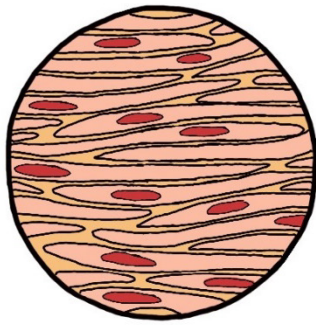
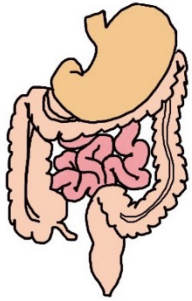


Observations about human hearts:

Interior (Inside):



Smooth Muscle



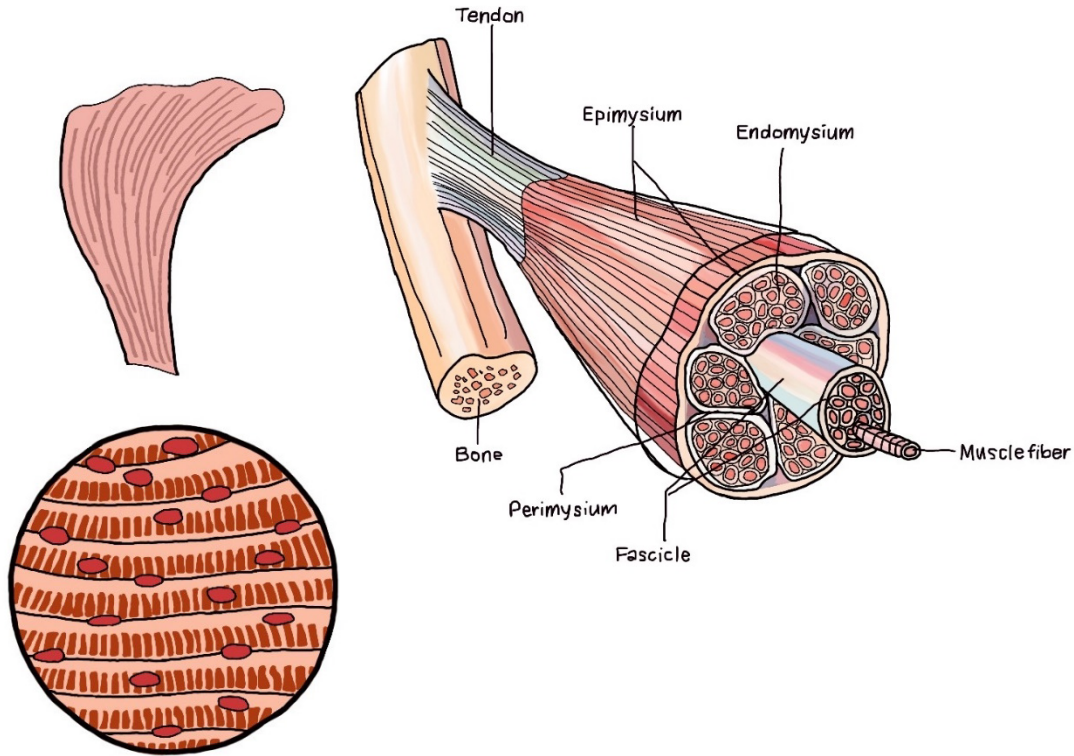
Smooth Muscle Tissue

Observations about Part IV

'Digestion & Smooth, Smooth Muscle'

Observations about smooth muscle:

Skeletal Muscle



Skeletal Muscle Tissue

Observations about Part V

'No Bones About It- Skeletal Muscle'

Observations about smooth muscle:

My Body Activity Log- Use the log below to chart your body activity! For example- If you went swimming on Wednesday, you might put a checkmark under FULL BODY. Running might be a check mark under LOWER BODY. Put descriptions of your body activity and the duration (how long you were active) under the day the activity occurred.



Name: _____

	ARMS	LOWER BODY	TORSO	HEAD	FULL BODY
<u>Monday</u>					
Activity-					
Duration-					
<u>Tuesday</u>					
Activity-					
Duration-					
<u>Wednesday</u>					
Activity-					
Duration-					
<u>Thursday</u>					
Activity-					
Duration-					
<u>Friday</u>					
Activity-					
Duration-					